

# Your Three Week Menu

Monday

Tuesday



Wednesday



Thursday



Friday



## WEEK ONE

Pork Sausages and Mashed Potatoes with Garden Peas and Gravy

Cottage Pie with Seasonal Vegetables

Roast Beef with Yorkshire Pudding Roast/Mashed Potatoes Seasonal Vegetables and Gravy

Chicken Fried Rice with Curry Sauce, and Seasonal Vegetables

Cheese & Tomato Pizza with Chips, Baked Beans or Garden Peas

Filled Jacket Potato

Filled Jacket Potato

Filled Jacket Potato

Filled Jacket Potato

Filled Jacket Potato

Chocolate Crispy Cake with a Fruit Wedge

Cherry Pie with Custard

Lemon Drizzle Cake

Fresh Fruit Platter or Yoghurt with Fruit Compote

Melting Moment with a Fruit Wedge

## WEEK TWO

Beef Meatballs and Spaghetti Tomato & Herb Sauce with Garlic Bread and Seasonal Vegetables

Steak Pie with Baby Potatoes and Seasonal Vegetables

Roast Turkey with Roast/Mashed Potatoes and Seasonal Vegetables and Gravy

Chinese Chicken Curry with Rice & Naan Bread and Seasonal Vegetables

Cheese & Tomato Pizza with Chips, Baked Beans or Garden Peas

Filled Jacket Potato

Filled Jacket Potato

Filled Jacket Potato

Filled Jacket Potato

Filled Jacket Potato

Chocolate Flapjack with a Fruit Wedge

Iced Sponge Cake

American Muffin

Fresh Fruit Platter or Cheese & Crackers

Golden Crunch Cookie with a Fruit Wedge

## WEEK THREE

Beef Meatballs with Mashed Potatoes Seasonal Vegetables & Gravy

Beef Lasagne with Garlic Bread and Seasonal Vegetables

Roast Pork with Sage & Onion Stuffing Roast/Mashed Potatoes and Seasonal Vegetables and Gravy

Chicken in BBQ Sauce with Rice and Seasonal Vegetables

Fish and Chips Baked Beans or Peas

Filled Jacket Potato

Filled Jacket Potato

Filled Jacket Potato

Filled Jacket Potato

Filled Jacket Potato

Chocolate Flapjack with a Fruit Wedge

Apple Pie with Custard

Jam & Coconut Sponge

Fresh Fruit Platter or Yoghurt with Fruit Compote

Carrot Cake

Available every day - Unlimited salad, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team

